

Note: This is not the master set of records.

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Girls - 5 years

| <u>Event</u> | <u>Year</u> | <u>Record</u> |
|---------------------|--------------------|----------------------|
| 30m | 1997 | 6.00 |
| 60m | 2019 | 10.90 |
| 100m | 1980 | 17.80 |

Boys - 5 years

| <u>Event</u> | <u>Year</u> | <u>Record</u> |
|---------------------|--------------------|----------------------|
| 30m | 1997 | 5.70 |
| 60m | 2008 | 10.84 |
| 100m | 2008 | 17.30 |

Girls - 6 years

| | | |
|------|------|-------|
| 30m | 1999 | 5.60 |
| 60m | 1981 | 10.20 |
| 100m | 1981 | 16.70 |

Boys - 6 years

| | | |
|------|------|-------|
| 30m | 1983 | 5.30 |
| 60m | 1993 | 10.30 |
| 100m | 1982 | 15.80 |

Girls - 7 years

| | | |
|-----------|------|-------|
| 60m | 2010 | 9.40 |
| 100m | 1999 | 15.60 |
| 200m | 1991 | 34.80 |
| 400m | 2013 | 85.80 |
| Discus | 2011 | 13.76 |
| High Jump | 1987 | 1.00 |
| Long Jump | 1998 | 3.42 |
| Shot Put | 2019 | 5.72 |

Boys - 7 years

| | | |
|-----------|------|-------|
| 60m | 2010 | 9.10 |
| 100m | 1998 | 15.50 |
| 200m | 2010 | 32.50 |
| 400m | 2009 | 82.40 |
| Discus | 1997 | 15.88 |
| High Jump | 2010 | 1.12 |
| Long Jump | 2011 | 3.75 |
| Shot Put | 2011 | 7.08 |

Girls - 8 years

| | | |
|-----------|------|--------|
| 60m | 1998 | 9.30 |
| 100m | 1994 | 15.10 |
| 200m | 1989 | 32.30 |
| 400m | 2001 | 80.60 |
| 800m | 2001 | 3.02.0 |
| Discus | 2010 | 16.39 |
| High Jump | 1983 | 1.08 |
| Long Jump | 1989 | 3.97 |
| Shot Put | 2010 | 5.96 |

Boys - 8 years

| | | |
|-----------|------|--------|
| 60m | 1999 | 9.00 |
| 100m | 1999 | 14.30 |
| 200m | 1999 | 31.50 |
| 400m | 2001 | 77.50 |
| 800m | 1980 | 2.47.4 |
| Discus | 2017 | 22.06 |
| High Jump | 2001 | 1.27 |
| Long Jump | 1987 | 4.20 |
| Shot Put | 2012 | 7.07 |

Girls - 9 years

| | | |
|-----------|------|--------|
| 60m | 1998 | 8.80 |
| 100m | 1998 | 14.70 |
| 200m | 1979 | 31.70 |
| 400m | 1998 | 74.00 |
| 800m | 1982 | 2.52.2 |
| Discus | 2013 | 24.07 |
| High Jump | 2019 | 1.19 |
| Long Jump | 1975 | 3.93 |
| Shot Put | 2010 | 7.98 |

Boys - 9 years

| | | |
|-----------|------|--------|
| 60m | 1999 | 8.60 |
| 100m | 1998 | 14.10 |
| 200m | 1979 | 31.50 |
| 400m | 1980 | 72.00 |
| 800m | 1979 | 2.42.5 |
| Discus | 1981 | 27.50 |
| High Jump | 1986 | 1.29 |
| Long Jump | 1986 | 4.59 |
| Shot Put | 2018 | 9.16 |

Girls - 10 years

| | | |
|-----------|------|--------|
| 100m | 2000 | 14.00 |
| 200m | 1983 | 30.40 |
| 400m | 1978 | 68.10 |
| 800m | 1983 | 2.39.5 |
| 1500m | 1983 | 5.29.9 |
| Discus | 1983 | 23.15 |
| High Jump | 2010 | 1.34 |
| Long Jump | 1980 | 4.31 |
| Shot Put | 2011 | 7.83 |

Boys - 10 years

| | | |
|-----------|------|--------|
| 100m | 1999 | 13.60 |
| 200m | 1981 | 28.40 |
| 400m | 1978 | 69.90 |
| 800m | 1991 | 2.36.6 |
| 1500m | 1984 | 5.17.4 |
| Discus | 1986 | 26.54 |
| High Jump | 1988 | 1.43 |
| Long Jump | 1982 | 4.65 |
| Shot Put | 2019 | 9.03 |

Girls - 11 years

| | | |
|-----------|------|---------|
| 100m | 1997 | 13.50 |
| 200m | 1979 | 29.40 |
| 400m | 1990 | 65.60 |
| 800m | 2016 | 2.34.98 |
| 1500m | 2016 | 5.09 |
| Discus | 1984 | 27.12 |
| High Jump | 1979 | 1.40 |
| Long Jump | 1981 | 4.61 |
| Shot Put | 2013 | 9.91 |

Boys - 11 years

| | | |
|-----------|------|--------|
| 100m | 1982 | 13.70 |
| 200m | 1986 | 28.30 |
| 400m | 1983 | 65.30 |
| 800m | 1985 | 2.29.9 |
| 1500m | 1985 | 5.00.5 |
| Discus | 1987 | 31.24 |
| High Jump | 2014 | 1.54 |
| Long Jump | 1982 | 5.37 |
| Shot Put | 2014 | 7.74 |

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Girls - 12 years

| | | |
|-----------|------|---------|
| 100m | 2001 | 13.10 |
| 200m | 1985 | 28.30 |
| 400m | 2001 | 62.90 |
| 800m | 2011 | 2.26.33 |
| 1500m | 2016 | 4.58.66 |
| Discus | 2014 | 25.75 |
| Hammer | | Std |
| High Jump | 1985 | 1.49 |
| Javelin | | Std |
| Long Jump | 1979 | 4.79 |
| Shot Put | 2014 | 7.59 |

Boys - 12 years

| | | |
|-----------|------|--------|
| 100m | 1973 | 12.80 |
| 200m | 2011 | 28.70 |
| 400m | 1973 | 62.80 |
| 800m | 2011 | 2.23.0 |
| 1500m | 1986 | 4.57.8 |
| Discus | 1980 | 33.63 |
| Hammer | | Std |
| High Jump | 2015 | 1.60 |
| Javelin | 2002 | 25.88 |
| Long Jump | 1973 | 4.94 |
| Shot Put | 2016 | 8.68 |

Girls - 13 years

| | | |
|-----------|------|----------|
| 100m | 1978 | 13.00 |
| 200m | 1977 | 27.00 |
| 400m | 1973 | 62.00 |
| 800m | 2018 | 2.26.65 |
| 1500m | 2017 | 4.55.6 |
| 3000m | 2007 | 11.01.54 |
| 5000m | | Std |
| Discus | 1985 | 31.02 |
| Hammer | 2002 | 19.35 |
| High Jump | 1986 | 1.57 |
| Javelin | | Std |
| Long Jump | 2003 | 5.04 |
| Shot Put | 2011 | 6.93 |

Boys - 13 years

| | | |
|-----------|------|-----------|
| 100m | 1980 | 12.50 |
| 200m | 1988 | 25.00 |
| 400m | 1974 | 55.70 |
| 800m | 1988 | 2.15.6 |
| 1500m | 1983 | 4.49.1 |
| 3000m | | no record |
| 5000m | | no record |
| Discus | 1981 | 40.14 |
| Hammer | | Std |
| High Jump | 2016 | 1.58 |
| Javelin | | Std |
| Long Jump | 1974 | 5.17 |
| Shot Put | 1985 | 10.31 |

Girls - 14 years

| | | |
|--------------|------|---------|
| 100m | 2007 | 12.96 |
| 200m | 2007 | 27.48 |
| 400m | 1989 | 65.30 |
| 800m | 2018 | 2.17.4 |
| 1500m | 2018 | 4.41.92 |
| 3000m | 1995 | 12.13.0 |
| 5000m | 1995 | 21.52.0 |
| 10000m | 2017 | 50.01 |
| Discus | 1997 | 22.40 |
| Hammer | 2015 | 24.60 |
| High Jump | 2015 | 1.40 |
| Javelin | | Std |
| Long Jump | 2008 | 4.97 |
| Shot Put | 2012 | 7.74 |
| Triple Jump | | Std |
| Weight Throw | | Std |

Boys - 14 years

| | | |
|--------------|------|-----------|
| 100m | 2002 | 11.90 |
| 200m | 2010 | 26.60 |
| 400m | 1994 | 60.40 |
| 800m | 2011 | 2.10.2 |
| 1500m | 2011 | 4.44.3 |
| 3000m | 2011 | 10.34.0 |
| 5000m | 2011 | 18.38.3 |
| 10000m | 2019 | 44.51.9 |
| Discus | 1990 | 29.87 |
| Hammer | | Std |
| High Jump | 1989 | 1.74 |
| Javelin | | Std |
| Long Jump | 1996 | 5.45 |
| Shot Put | 2001 | 12.32 |
| Triple Jump | | no record |
| Weight Throw | 2005 | 12.10 |

Girls - Under 16 years

| | | |
|--------------|------|-----------|
| 100m | 1978 | 13.00 |
| 200m | 1977 | 27.00 |
| 400m | 1996 | 60.10 |
| 800m | 1996 | 2.18.0 |
| 1500m | 1978 | 4.57.2 |
| 3000m | 1985 | 11.48.3 |
| 5000m | 1996 | 19.16.2 |
| 10000m | | Std |
| Discus | 1986 | 32.44 |
| Hammer | 2016 | 23.79 |
| High Jump | 1987 | 1.60 |
| Javelin | | Std |
| Long Jump | 1987 | 4.95 |
| Shot Put | | Std |
| Triple Jump | | no record |
| Weight Throw | | Std |

Boys - Under 16 years

| | | |
|--------------|------|---------|
| 100m | 1983 | 12.10 |
| 200m | 1983 | 24.80 |
| 400m | 1986 | 58.10 |
| 800m | 1977 | 2.17.3 |
| 1500m | 1983 | 4.37.6 |
| 3000m | 1991 | 10.04.4 |
| 5000m | 1991 | 16.06.0 |
| 10000m | 2001 | 46.15.0 |
| Discus | | Std |
| Hammer | | Std |
| High Jump | 1990 | 1.75 |
| Javelin | 2006 | 34.10 |
| Long Jump | 1990 | 5.81 |
| Shot Put | 1982 | 12.46 |
| Triple Jump | 2006 | 11.22 |
| Weight Throw | | Std |

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Girls - Under 18 years

| | | |
|--------------|------|---------|
| 100m | 1999 | 13.40 |
| 200m | 2006 | 29.07 |
| 400m | 2000 | 67.00 |
| 800m | 2019 | 2.14.13 |
| 1500m | 2019 | 4.43.97 |
| 3000m | | Std |
| 5000m | 2000 | 22.46.0 |
| 10000m | | Std |
| Discus | 1999 | 23.10 |
| Hammer | | Std |
| High Jump | 2007 | 1.40 |
| Javelin | | Std |
| Long Jump | 2000 | 4.30 |
| Shot Put | | Std |
| Triple Jump | | Std |
| Weight Throw | | Std |

Boys - Under 18 years

| | | |
|--------------|------|---------|
| 100m | 1983 | 12.10 |
| 200m | 2008 | 24.79 |
| 400m | 1996 | 55.60 |
| 800m | 1986 | 2.02.7 |
| 1500m | 1986 | 4.14.9 |
| 3000m | 1986 | 9.16.4 |
| 5000m | 1989 | 16.58.0 |
| 10000m | 1997 | 37.55.0 |
| Discus | 1983 | 35.76 |
| Hammer | 1997 | 31.62 |
| High Jump | 1987 | 1.83 |
| Javelin | 2008 | 43.90 |
| Long Jump | 1987 | 6.00 |
| Shot Put | | Std |
| Triple Jump | 1996 | 12.50 |
| Weight Throw | | Std |

Girls - Under 20 years

| | | |
|--------------|------|---------|
| 100m | 2001 | 13.30 |
| 200m | 2001 | 28.80 |
| 400m | 2001 | 65.70 |
| 800m | 2001 | 2.39.3 |
| 1500m | 2002 | 6.10.5 |
| 3000m | | Std |
| 5000m | 2000 | 22.46.0 |
| 10000m | | Std |
| Discus | 1994 | 27.30 |
| Hammer | 2002 | 21.67 |
| High Jump | 2002 | 1.35 |
| Javelin | 1994 | 25.30 |
| Long Jump | 2002 | 4.68 |
| Shot Put | 2002 | 8.30 |
| Triple Jump | | |
| Weight Throw | 2011 | 8.56 |

Boys - Under 20 years

| | | |
|--------------|------|---------|
| 100m | 1999 | 11.50 |
| 200m | 1987 | 24.6 |
| 400m | 1987 | 51.70 |
| 800m | 1987 | 1.57.0 |
| 1500m | 1987 | 3.56.0 |
| 3000m | 1987 | 8.51.5 |
| 5000m | 2019 | 16.08.9 |
| 10000m | | |
| Discus | 1999 | 30.84 |
| Hammer | | Std |
| High Jump | 1999 | 1.70 |
| Javelin | | Std |
| Long Jump | 1977 | 6.28 |
| Shot Put | | Std |
| Triple Jump | 1962 | 11.43 |
| Weight Throw | | Std |

Senior Women

| | | |
|-------------------|------|----------------|
| 100m | 1999 | 13.20 |
| 200m | 1973 | 28.20 |
| 400m | 1974 | 65.00 |
| 800m | 1987 | 2.18.5 |
| 1500m | 1987 | 4.35.3 |
| 3000m | 1987 | 10.01.1 |
| 5000m | 1988 | 19.32.0 |
| 10000m | 1993 | 44.19.0 |
| Discus | 1976 | 32.85 |
| Hammer | 2014 | 24.37 |
| High Jump | 1993 | 1.43 |
| Javelin | 1995 | 24.18 |
| Long Jump | 1967 | 5.15 |
| Shot Put | 1975 | 9.87 |
| Triple Jump | | Std |
| Weight Pentathlon | 2015 | 1550.00 points |
| Weight Throw | 2011 | 8.43 |

Senior Men

| | | |
|-------------------|------|-----------|
| 100m | 1995 | 11.30 |
| 200m | 1995 | 22.70 |
| 400m | 1993 | 53.60 |
| 800m | 1993 | 2.04.9 |
| 1500m | 1993 | 4.20.6 |
| 3000m | 1993 | 9.07.0 |
| 5000m | 1993 | 15.58.0 |
| 10000m | 1976 | 32.08.0 |
| Discus | 1999 | 35.03 |
| Hammer | 2008 | 50.01 |
| High Jump | 1997 | 1.86 |
| Javelin | 2006 | 49.25 |
| Long Jump | 1965 | 6.5 |
| Shot Put | 2000 | 11.15 |
| Triple Jump | 1964 | 12.57 |
| Weight Pentathlon | | no record |
| Weight Throw | 2005 | 9.39 |

Masters Women 35+

| | | |
|-------------------|------|----------------|
| 100m | 1995 | 13.90 |
| 200m | 1995 | 29.60 |
| 400m | 2000 | 68.20 |
| 800m | 1989 | 2.45.9 |
| 1500m | 1991 | 5.41.3 |
| 3000m | 1990 | 11.54.7 |
| 5000m | 1991 | 19.47.9 |
| 10000m | 1997 | 46.01.0 |
| Discus | 1993 | 27.66 |
| Hammer | 1993 | 21.30 |
| High Jump | 1999 | 1.30 |
| Javelin | 1993 | 23.76 |
| Long Jump | 1999 | 4.15 |
| Shot Put | 1993 | 9.68 |
| Triple Jump | 2000 | 9.32 |
| Weight Pentathlon | 2018 | 1540.00 points |
| Weight Throw | 2003 | 16.19 |

Masters Men 35+

| | | |
|-------------------|------|-----------|
| 100m | 2005 | 12.38 |
| 200m | 2005 | 25.86 |
| 400m | 2017 | 58.60 |
| 800m | 1994 | 2.11.9 |
| 1500m | 2017 | 4.30.6 |
| 3000m | 2004 | 10.00.21 |
| 5000m | 1976 | 17.34.0 |
| 10000m | 2004 | 38.16.0 |
| Discus | 2015 | 27.37 |
| Hammer | 2019 | 24.38 |
| High Jump | 2018 | 1.59 |
| Javelin | 1967 | 28.95 |
| Long Jump | 1965 | 5.56 |
| Shot Put | 2018 | 9.67 |
| Triple Jump | 1966 | 11.30 |
| Weight Pentathlon | | no record |
| Weight Throw | 2018 | 9.29 |

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Masters Women 40+

| | | |
|-------------------|------|----------------|
| 100m | 1991 | 13.70 |
| 200m | 1993 | 29.20 |
| 400m | 2017 | 71.65 |
| 800m | 2017 | 2.50.4 |
| 1500m | 2017 | 6.02.6 |
| 3000m | 1994 | 12.41.0 |
| 5000m | 1988 | 22.40.0 |
| 10000m | 2016 | 49.30.4 |
| Discus | 1995 | 24.52 |
| Hammer | 1994 | 23.20 |
| High Jump | 1992 | 1.36 |
| Javelin | 2004 | 23.57 |
| Long Jump | 1992 | 4.66 |
| Shot Put | 1995 | 8.42 |
| Triple Jump | 1993 | 9.33 |
| Weight Pentathlon | 2016 | 1375.00 points |
| Weight Throw | 2013 | 8.40 |

Masters Men 40+

| | | |
|-------------------|------|----------------|
| 100m | 2004 | 12.00 |
| 200m | 1993 | 24.40 |
| 400m | 1993 | 54.10 |
| 800m | 2016 | 2.11.56 |
| 1500m | 1996 | 4.28.0 |
| 3000m | 1996 | 9.25.0 |
| 5000m | 1995 | 15.48.0 |
| 10000m | 1981 | 34.22.5 |
| Discus | 2004 | 34.22 |
| Hammer | 2007 | 49.73 |
| High Jump | 2006 | 1.58 |
| Javelin | 2008 | 42.79 |
| Long Jump | 2000 | 5.36 |
| Shot Put | 2004 | 11.38 |
| Triple Jump | 1999 | 10.29 |
| Weight Pentathlon | 2006 | 2994.00 points |
| Weight Throw | 2005 | 15.40 |

Masters Women 45+

| | | |
|-------------------|------|----------------|
| 100m | 1998 | 13.40 |
| 200m | 1998 | 28.10 |
| 400m | 2018 | 76.60 |
| 800m | 2018 | 2.56.4 |
| 1500m | 2018 | 6.23.1 |
| 3000m | 2018 | 13.41.7 |
| 5000m | 1992 | 23.41.1 |
| 10000m | 1992 | 49.55.0 |
| Discus | 1994 | 26.22 |
| Hammer | 1998 | 25.54 |
| High Jump | 1994 | 1.32 |
| Javelin | 1998 | 22.30 |
| Long Jump | 1998 | 4.92 |
| Shot Put | 1998 | 8.95 |
| Triple Jump | 1998 | 9.51 |
| Weight Pentathlon | 2015 | 1628.00 points |
| Weight Throw | 2015 | 8.43 |

Masters Men 45+

| | | |
|-------------------|------|----------------|
| 100m | 2005 | 13.30 |
| 200m | 2005 | 27.60 |
| 400m | 2019 | 60.40 |
| 800m | 1987 | 2.12.1 |
| 1500m | 1986 | 4.28.4 |
| 3000m | 1986 | 9.46.6 |
| 5000m | 1986 | 16.51.0 |
| 10000m | 1992 | 37.18.0 |
| Discus | 2010 | 34.94 |
| Hammer | 2009 | 50.77 |
| High Jump | 2009 | 1.50 |
| Javelin | 2008 | 42.79 |
| Long Jump | 1995 | 4.43 |
| Shot Put | 2009 | 11.06 |
| Triple Jump | 2004 | 9.33 |
| Weight Pentathlon | 2009 | 3295.00 points |
| Weight Throw | 2009 | 15.49 |

Masters Women 50+

| | | |
|-------------------|------|----------------|
| 100m | 1998 | 14.20 |
| 200m | 1998 | 28.70 |
| 400m | 1993 | 87.40 |
| 800m | 1994 | 3.24.6 |
| 1500m | 1992 | 6.36.3 |
| 3000m | 1991 | 15.02.3 |
| 5000m | 1993 | 25.32.0 |
| 10000m | 1992 | 52.33.0 |
| Discus | 1998 | 23.12 |
| Hammer | 2002 | 29.53 |
| High Jump | 1993 | 1.08 |
| Javelin | 2016 | 12.59 |
| Long Jump | 1998 | 4.80 |
| Shot Put | 1998 | 9.99 |
| Triple Jump | 1998 | 9.85 |
| Weight Pentathlon | 2006 | 1736.00 points |
| Weight Throw | 2004 | 8.91 |

Masters Men 50+

| | | |
|-------------------|------|----------------|
| 100m | 2001 | 12.50 |
| 200m | 2001 | 26.40 |
| 400m | 2000 | 60.05 |
| 800m | 1991 | 2.18.6 |
| 1500m | 1991 | 4.34.2 |
| 3000m | 1991 | 10.22.2 |
| 5000m | 1991 | 18.18.0 |
| 10000m | 1995 | 38.57.0 |
| Discus | 2016 | 34.08 |
| Hammer | 2007 | 33.73 |
| High Jump | 1992 | 1.45 |
| Javelin | 2016 | 39.30 |
| Long Jump | 1992 | 4.84 |
| Shot Put | 2016 | 9.83 |
| Triple Jump | 1994 | 10.04 |
| Weight Pentathlon | 2016 | 2746.00 points |
| Weight Throw | 2006 | 12.63 |

Masters Women 55+

| | | |
|-------------------|------|----------------|
| 100m | 1999 | 16.70 |
| 200m | 1997 | 38.20 |
| 400m | 1999 | 91.00 |
| 800m | 1996 | 3.39.6 |
| 1500m | 1996 | 7.41.4 |
| 3000m | 1996 | 15.21.0 |
| 5000m | 1996 | 25.37.4 |
| 10000m | 1996 | 55.02.4 |
| Discus | 2004 | 21.40 |
| Hammer | 2004 | 28.67 |
| High Jump | 2019 | 0.90 |
| Javelin | 2019 | 11.16 |
| Long Jump | 1996 | 2.84 |
| Shot Put | 2005 | 6.74 |
| Triple Jump | | no record |
| Weight Pentathlon | 2010 | 1758.00 points |
| Weight Throw | 2004 | 9.79 |

Masters Men 55+

| | | |
|-------------------|------|----------------|
| 100m | 2005 | 12.90 |
| 200m | 1996 | 27.20 |
| 400m | 1996 | 65.20 |
| 800m | 1996 | 2.27.5 |
| 1500m | 1996 | 5.01.5 |
| 3000m | 1999 | 11.03.5 |
| 5000m | 1999 | 18.44.6 |
| 10000m | 1999 | 39.22.3 |
| Discus | 1985 | 37.24 |
| Hammer | 2008 | 38.05 |
| High Jump | 1985 | 1.36 |
| Javelin | 2019 | 39.22 |
| Long Jump | 2017 | 5.51 |
| Shot Put | 2008 | 10.41 |
| Triple Jump | 2019 | 11.55 |
| Weight Pentathlon | 2019 | 2904.00 points |
| Weight Throw | 2008 | 13.03 |

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Masters Women 60+

| | | |
|-------------------|------|----------------|
| 100m | 2001 | 18.10 |
| 200m | 2001 | 40.70 |
| 400m | 2001 | 101.20 |
| 800m | 2003 | 3.47.6 |
| 1500m | 2001 | 7.47.7 |
| 3000m | 2001 | 16.39.0 |
| 5000m | 2001 | 28.22.8 |
| 10000m | 2003 | 59.56.0 |
| Discus | 2000 | 19.34 |
| Hammer | 2011 | 22.18 |
| High Jump | 2000 | 1.05 |
| Javelin | 2011 | 11.40 |
| Long Jump | 2000 | 2.86 |
| Shot Put | 1984 | 6.23 |
| Triple Jump | | no record |
| Weight Pentathlon | 2011 | 1987.00 points |
| Weight Throw | 2002 | 7.14 |

Masters Men 60+

| | | |
|-------------------|------|----------------|
| 100m | 2010 | 14.80 |
| 200m | 2010 | 30.30 |
| 400m | 1977 | 71.70 |
| 800m | 1995 | 2.36.0 |
| 1500m | 1991 | 5.17.1 |
| 3000m | 1993 | 11.07.0 |
| 5000m | 1991 | 19.15.0 |
| 10000m | 1993 | 40.20.0 |
| Discus | 1991 | 34.50 |
| Hammer | 2003 | 36.69 |
| High Jump | 1986 | 1.35 |
| Javelin | 1987 | 33.10 |
| Long Jump | 1977 | 4.01 |
| Shot Put | 1992 | 10.43 |
| Triple Jump | | no record |
| Weight Pentathlon | 2016 | 2465.00 points |
| Weight Throw | 2017 | 13.45 |

Masters Women 65+

| | | |
|-------------------|------|----------------|
| 100m | 2019 | 41.78 |
| 200m | 2019 | 85.85 |
| 400m | 2019 | 3.19.4 |
| 800m | | no record |
| 1500m | 2019 | 13.33.0 |
| 3000m | 2019 | 28.35.0 |
| 5000m | | no record |
| 10000m | | no record |
| Discus | 2019 | 11.01 |
| Hammer | 2019 | 14.20 |
| High Jump | | no record |
| Javelin | 2019 | 9.22 |
| Long Jump | 2019 | 1.23 |
| Shot Put | 2019 | 4.73 |
| Triple Jump | | no record |
| Weight Pentathlon | 2019 | 1582.00 points |
| Weight Throw | 2019 | 5.68 |

Masters Men 65+

| | | |
|-------------------|------|----------------|
| 100m | 1980 | 14.70 |
| 200m | 1980 | 32.7 |
| 400m | 1980 | 32.70 |
| 800m | 2005 | 3.10.7 |
| 1500m | 2006 | 6.45.2 |
| 3000m | 2005 | 14.26.9 |
| 5000m | 2006 | 25.49.0 |
| 10000m | 2006 | 57.04.0 |
| Discus | 2017 | 37.82 |
| Hammer | 2006 | 36.81 |
| High Jump | 2017 | 1.30 |
| Javelin | 2017 | 35.79 |
| Long Jump | 1996 | 4.08 |
| Shot Put | 2018 | 11.73 |
| Triple Jump | 2017 | 8.23 |
| Weight Pentathlon | 2017 | 3385.00 points |
| Weight Throw | 2006 | 12.52 |

Masters Women 70+

| | | |
|-------------------|------|------------------|
| 100m | | no record |
| 200m | | no record |
| 400m | 2019 | 3.19.4 |
| 800m | | no record |
| 1500m | | no record |
| 3000m | | no record |
| 5000m | | no record |
| 10000m | | no record |
| Discus | | no record |
| Hammer | | no record |
| High Jump | | no record |
| Javelin | | no record |
| Long Jump | | no record |
| Shot Put | | no record |
| Triple Jump | | no record |
| Weight Pentathlon | | no record points |
| Weight Throw | | no record |

Masters Men 70+

| | | |
|-------------------|------|----------------|
| 100m | 1985 | 15.20 |
| 200m | 1985 | 32.70 |
| 400m | 2010 | 103.50 |
| 800m | 2010 | 3.45.02 |
| 1500m | 1985 | 6.57.0 |
| 3000m | 2010 | 16.40.7 |
| 5000m | 2010 | 29.03.1 |
| 10000m | 2011 | 61.41.0 |
| Discus | 1996 | 29.62 |
| Hammer | 2012 | 35.64 |
| High Jump | 2001 | 1.21 |
| Javelin | 2010 | 26.98 |
| Long Jump | 1985 | 4.02 |
| Shot Put | 2010 | 9.64 |
| Triple Jump | 2001 | 7.93 |
| Weight Pentathlon | 1996 | 3219.00 points |
| Weight Throw | 2012 | 12.29 |

Masters Women 75+

| | | |
|-------------------|------|------------------|
| 100m | 1999 | 26.30 |
| 200m | 1998 | 61.90 |
| 400m | | no record |
| 800m | | no record |
| 1500m | | no record |
| 3000m | | no record |
| 5000m | | no record |
| 10000m | | no record |
| Discus | 2000 | 11.80 |
| Hammer | | no record |
| High Jump | | no record |
| Javelin | 2000 | 8.52 |
| Long Jump | | no record |
| Shot Put | 2000 | 4.26 |
| Triple Jump | | no record |
| Weight Pentathlon | | no record points |
| Weight Throw | | no record |

Masters Men 75+

| | | |
|-------------------|------|----------------|
| 100m | 1990 | 17.20 |
| 200m | 1991 | 34.30 |
| 400m | 2017 | 119.52 |
| 800m | 2017 | 5.45.73 |
| 1500m | | no record |
| 3000m | 2018 | 31.39.18 |
| 5000m | 2018 | 48.34.3 |
| 10000m | | no record |
| Discus | 2002 | 25.30 |
| Hammer | 2015 | 30.47 |
| High Jump | 2019 | 0.90 |
| Javelin | 2001 | 20.87 |
| Long Jump | 1990 | 3.46 |
| Shot Put | 2015 | 8.61 |
| Triple Jump | | no record |
| Weight Pentathlon | 2002 | 2784.00 points |
| Weight Throw | 2019 | 11.97 |

Note: This is not the master set of records.
The time, distances, heights and dates are updated annually
from the official set held by the keeper of the records.

Note: This is not the master set of records.

The time, distances, heights and dates are updated annually from the official set held by the keeper of the records.

Masters Women 80+

| | | |
|-------------------|------|------------------|
| 100m | 2003 | 35.46 |
| 200m | | no record |
| 400m | 2003 | 13.13 |
| 800m | | no record |
| 1500m | | no record |
| 3000m | | no record |
| 5000m | | no record |
| 10000m | | no record |
| Discus | | no record |
| Hammer | 2003 | 13.13 |
| High Jump | | |
| Javelin | | no record |
| Long Jump | | no record |
| Shot Put | | no record |
| Triple Jump | | no record |
| Weight Pentathlon | | no record points |
| Weight Throw | | no record |

Masters Men 80+

| | | |
|-------------------|------|----------------|
| 100m | 1998 | 17.10 |
| 200m | 1996 | 36.80 |
| 400m | 1996 | 97.70 |
| 800m | | no record |
| 1500m | | no record |
| 3000m | | no record |
| 5000m | | no record |
| 10000m | | no record |
| Discus | 2006 | 20.52 |
| Hammer | | no record |
| High Jump | | no record |
| Javelin | 2007 | 16.98 |
| Long Jump | | no record |
| Shot Put | | no record |
| Triple Jump | | no record |
| Weight Pentathlon | 2007 | 3140.00 points |
| Weight Throw | 2006 | 10.74 |

Masters Women 85+

| | | |
|-------------------|--|------------------|
| 100m | | no record |
| 200m | | no record |
| 400m | | no record |
| 800m | | no record |
| 1500m | | no record |
| 3000m | | no record |
| 5000m | | no record |
| 10000m | | no record |
| Discus | | no record |
| Hammer | | no record |
| High Jump | | no record |
| Javelin | | no record |
| Long Jump | | no record |
| Shot Put | | no record |
| Triple Jump | | no record |
| Weight Pentathlon | | no record points |
| Weight Throw | | no record |

Masters Men 85+

| | | |
|-------------------|------|----------------|
| 100m | 2001 | 19.00 |
| 200m | 2001 | 42.80 |
| 400m | | no record |
| 800m | 2004 | 5.32.4 |
| 1500m | | no record |
| 3000m | | no record |
| 5000m | | no record |
| 10000m | | no record |
| Discus | 2011 | 16.84 |
| Hammer | | no record |
| High Jump | | no record |
| Javelin | 2011 | 15.01 |
| Long Jump | 2004 | 2.34 |
| Shot Put | 2011 | 6.75 |
| Triple Jump | | no record |
| Weight Pentathlon | 2012 | 2792.00 points |
| Weight Throw | 2012 | 8.91 |

Masters Women 90+

| | | |
|-------------------|--|------------------|
| 100m | | no record |
| 200m | | no record |
| 400m | | no record |
| 800m | | no record |
| 1500m | | no record |
| 3000m | | no record |
| 5000m | | no record |
| 10000m | | no record |
| Discus | | no record |
| Hammer | | no record |
| High Jump | | no record |
| Javelin | | no record |
| Long Jump | | no record |
| Shot Put | | no record |
| Triple Jump | | no record |
| Weight Pentathlon | | no record points |
| Weight Throw | | no record |

Masters Men 90+

| | | |
|-------------------|------|-----------|
| 100m | 2006 | 21.67 |
| 200m | 2006 | 47.38 |
| 400m | | no record |
| 800m | | no record |
| 1500m | | no record |
| 3000m | | no record |
| 5000m | | no record |
| 10000m | | no record |
| Discus | | no record |
| Hammer | | no record |
| High Jump | | no record |
| Javelin | | no record |
| Long Jump | | no record |
| Shot Put | | no record |
| Triple Jump | | no record |
| Weight Pentathlon | | no record |
| Weight Throw | | no record |